

6-Reading Comprehension

Read the following passage then answer the questions below:

People grow two sets of teeth during their lifetimes – the primary or baby teeth, and the second, permanent teeth. The first primary teeth appear when a child is about six months old. The rest of them grow between the sixth and the thirtieth month, and there are only twenty teeth in this set.

The permanent teeth in humans appear between the sixth and the fourteenth years of a child's life. In many cases, children still have their baby teeth as well as the permanent set, or some of them, until they are about ten or twelve. This can look very odd, because the permanent teeth are often bigger than the baby teeth, and because the first of the second set to appear are usually the two front teeth, making the child look very funny. There are thirty-two teeth in the second set, although the four wisdom teeth don't usually appear until the person is in his or her late teens or early twenties. It is as well to remember that this set is the one you will have for the rest of your life, so great care must be taken to make sure that they won't go bad or have to be pulled out!

a) Choose the correct answer from a, b, c and d : (6 X 2 = 12 marks)

1- What is the best title for this passage?

- a. Our teeth b. Our school c. Babies d. our lives

2- The underlined pronoun " them " in the 2nd paragraph refers to:

- a. teeth b. children c. people d. humans

3- What is the meaning of the underlined word " appear " in the 2nd paragraph?

- a. be seen b. hide c. suffer d. steer

4- What is the purpose of the writer in this passage?

- a- to suggest ways to have healthy teeth
b- to inform us that adults have 32 teeth
c- to tell us about the two sets of teeth during lifetimes
d-to show that permanent teeth are often bigger than the baby teeth

5- The first primary teeth appear when a child is:

- a- between the sixth and the tenth years b- about sixteen months old.
c- two months d- about six months old.

6-According to the passage, all the following statements are **TRUE** except:

- a- There are two sets of teeth during life time.
b-Great care must be taken for permanent teeth.
c-Permanent teeth are often smaller than the baby teeth
d-Wisdom teeth don't usually appear until the person is in his or her late teens.

B)-Answer the following questions : (2 X 2 = 4)

7. Why should one be very careful about his second set of teeth?

.....

8. What makes a child look funny?

.....

5-Reading Comprehension

Read the following passage then answer the questions below:

Louis Braille was born in 1809 in a village in France. When he was only three years old, he had an accident while he was playing in his father's shop and became blind. His father tried to teach poor Louis how to read but he couldn't. Young Louis was very clever. He was also very good at music. At that time the blind were trying to read and write in different ways, but it was very difficult for them. Something should happen to enable the blind to read.

When Louis was sixteen years old, he had the idea of using dots, so he invented this kind of reading and writing by touching dots with the fingers. This is really the same way the blind use today. In 1828 Louis worked as a teacher for the blind. He died in January 1852 at the age of forty-three. Nowadays millions of blind people can read Braille in many languages. The blind can read in Arabic too.

We shouldn't forget to respect and encourage people who serve the humanity. In the Arab world, there isn't enough encouragement to the disabled or talented people. Sometimes, our societies ignore them.

a) Choose the correct answer from a, b, c and d : (6 X 2 = 12 marks)

1- What is the best title for this passage?

- a- A Clever Blind Man b- A Clever Father
c- A Clever Teacher d- Braille Way of Reading

2- The underlined pronoun "he" in the 2nd paragraph refers to:

- a- Louis b- Louis's father
c- A village d- the Arab world

3- What is the meaning of the underlined word "humanity" in the 3rd paragraph?

- a- kind people b- animal kingdom
c- bad people d- people in general

4- What is the purpose of the writer in this passage?

- a- to tell us about the Braille story b- to inform that Braille worked as a teacher
c- to persuade you of Louise accident d- to decide that Arab societies ignore talented people

5- Young Louis was very:

- a- angry b- stupid c- proud d- intelligent

6- According to the passage, all the following statements are **NOT TRUE** except:

- a- Louis Braille was born in 1909. b- Louis worked as a teacher in 1882
c- Braille can be read in Arabic. d- Louise was born in January 1852

B)-Answer the following questions : (2 X 2 = 4)

7- How did Louis Braille become blind?

.....

8- In what way did Louis Braille help the blind?

.....

4-Reading Comprehension

Read the following passage then answer the questions below:

The dictionary is the most important tool for all language learners. It gives them the different meanings and spellings of words. Most dictionaries help to pronounce words correctly by providing pronunciation and phonetic symbols. Moreover, they show the learners how to use the words correctly by giving them examples in meaningful sentences.

When you find a new word in a comprehension passage, it is not a good way to think directly of using the dictionary all the time to know its meaning. It is better for you to try first to understand the main idea of the passage and guess its meaning. Second, don't forget to look at the opposite of the word and try to **remember** it. If these two ways are not helpful, get the dictionary then and look it up. You will find different meaning for one word. You infer the suitable meaning through the text.

Some books have a mini-dictionary at their backs. The electronic dictionaries are the **latest**. They have more advantages than the printed ones because they are easy to download and carry, you can take them with you everywhere and listen clearly to the correct way of pronouncing words. Fortunately, smart phones can be supplied with different dictionary applications.

a) Choose the correct answer from a, b, c and d : (6 X 2 = 12 marks)

- 1- What is the best title for this passage?
 - a) Phonetic Symbols
 - b) Language Learners
 - c) The importance of dictionaries
 - d) New words
- 2- The underlined pronoun " their " in the 3rd paragraph refers to:
 - a) exams
 - b) books
 - c) symbols
 - d) meanings
- 3- What is the opposite of the underlined word "remember" in the 2nd paragraph?
 - a) find
 - b) guess
 - c) forget
 - d) try
- 4- What is the purpose of the writer in this passage?
 - a- to suggest ways to get dictionaries
 - b- to inform us that smart phones have dictionaries.
 - c- to tell us about the most important tool for language learners
 - d- to show how we guess the meaning of words
- 5- The electronic dictionaries:
 - a- used at home only
 - b- were very old
 - c- aren't better than the printed ones
 - d- have pronunciation
- 6- According to the passage, all the following statements are **NOT TRUE** except:
 - a- Most dictionaries don't have pronunciation or phonetic symbols.
 - b- You should directly use a dictionary when you don't know the meaning of a word.
 - c- It's impossible to download a dictionary on smart phones
 - d- Some dictionaries give examples and use the words in meaningful sentences

B)-Answer the following questions : (2 X 2 = 4)

7- What are the advantages of the electronic dictionaries?

.....

8- Why is using the dictionary all the time directly is not a correct way?

1- Reading Comprehension (16 Ms)

Read the following passage carefully then answer the questions below:

Polar bears will be extinct by the end of the 21st century if the global warming continues to this constant rate. Temperatures are rising in the Arctic. It is the only place where polar bears are found. This change of nature is having a strong effect on the health and numbers of the world's population of polar bears.

During the winter, polar bears live and hunt on the sea ice. They travel for many kilometers to catch their main food, which is the seal. Through the ice, polar bears can feel the movement of a seal. They sit close to a hole in the ice and wait for the seal to come up for air.

In summer, as the ice melts, some bears return to the shore, fasting until the colder weather and sea ice return. Others continue to hunt. They swim in the icy water until they reach floating sea ice where they can wait for a seal. Bears who have been fasting all summer weigh less and are weak. They have lost too much of their fat, which is needed to keep them warm and as a source of energy.

Global warming has increased the temperature in the Arctic so much that the warmer weather comes sooner each year and it lasts longer. It has been predicted that by the end of this century there will be no sea ice left. As the temperature continues to rise, the cold winter will be much shorter.

a) Choose the correct answer from a, b, c and d : (6 X 2 = 12 marks)

- 1) Which of the following is **the title** for this story?
 - a. Temperature of Arctic
 - b. The 21st Century summer
 - c. Global Warming
 - d. Polar Bears Life
- 2) The underlined word 'It' in the (1st) paragraph refers to:
 - a. the temperature
 - b. the seal
 - c. the arctic
 - d. the polar bears
- 3) What is the author's purpose in writing this text?
 - a. tell us about the bad effects of global warming on polar bears.
 - b. inform us about the floating of sea ice
 - c. explain how polar bears hunt in winter.
 - d. compare between polar bears and grizzly bears .
- 4) What is the **meaning** of the underlined word , increased' in the 4th paragraph?
 - a. got colder
 - b. got fatter
 - c. got higher
 - d. got taller
- 5) Why do some bears weigh less ?
 - a. They feed on seals only
 - b. They live in the north pole
 - c. They have been fasting all summer
 - d. The weather is very cold
- 6) All the following statements about polar bears are **TRUE** except:
 - a. Polar bears eat penguins and birds
 - b. Temperatures are rising in the Arctic.
 - c. The cold winter will be much shorter.
 - d. In summer some bears weigh less.

B)-Answer the following questions : (2 X 2 = 4)

7) Why are temperatures rising in the Arctic ?

.....

8) What will happen to the polar bear if the ice melts in the Arctic?

.....

3- Reading Comprehension (16 M)

Read the following passage then answer the questions below:

Cats played an important role in ancient Egypt. Ancient Egyptians believed that cats protected their life, and they took cats as pets. The popularity of Egyptian cats is found in the many ancient Egyptian paintings and carved stone statues.

Cats and Egypt share a long and interesting history. Many cat experts believe that ancient Egyptians were the first to keep cats at home. At first, it was a practical matter as cats were brought in to protect homes from pests like rats and cockroaches. Eventually though, ancient Egyptians, especially the wealthy, started to adopt cats as pets. Paintings on tombs and other buildings show spotted, slender cats, which are believed to be the first domestic cats. It is believed that these early Egyptian cats were the ancestors of the Egyptian Mau. This kind is not as well-known as other cat kinds.

Whoever killed a cat in ancient Egypt was put to death. Amazingly, there were also laws preventing the exportation of cats. Ancient Egyptians loved cats and were very sad whenever any of the family cats died. Cats were kept and even mummified after death. Cat tombs have been discovered along the River Nile and cat mummies can be found in the tombs of many Egyptians.

Nowadays, cats are part of the homes of many people around the world. People love their company. Some can't live without having cats as friends. They take good care of them by providing food and taking them to doctors when necessary.

a) Choose the best answer from a, b, c & d: (6x2=12 M)

1- What is the best title of the passage?

- a) Cats' Tombs b) Cats Nowadays c) Cats in Ancient Egypt d) Ancient Egyptians

2- The opposite of the underlined word "ancient" in the 1st paragraph is:

- a) clear b) reachable c) modern d) necessary

3- The underlined word "them" in the 4th paragraph refers to:

- a) homes b) people c) cats d) friends

4- In ancient Egypt, cats were kept as pets, especially by:

- a) experts b) doctors c) rich people d) poor people

5- When a family cat died in Ancient Egypt, the family felt...

- a) happy b) sad c) excited d) amazed

6- The writer's purpose for writing this text is to:

- a) show us the importance of cats as pets. b) tell us cats were important for the ancient Egyptians.
c) compare between pets in the past and nowadays. d) tell us that people have to keep pets at home.

b) Answer the following questions: (2X2=4 M)

7- What happened to those who killed cats in ancient Egypt?

8-How do experts know that cats were very popular in Ancient Egypt?

4- Reading Comprehension (16 M)

Read the following passage then answer the questions below:

It is bad to have food stuck between your teeth for long periods of time. This is because food attracts germs, which produce acid, and acid hurts your teeth and gums. Flossing helps to remove the food that gets stuck between your teeth. It has been widely accepted that the use of floss has a favorable effect on plaque removal and disease prevention more than regular brushing.

The American Dental Association which provided many researches on dental health issues, reports that up to 80% of plaque can be removed with flossing. This fact explains why flossing helps to keep your mouth healthy, but some doctors say that it can be also good for your heart. It may seem strange that something you do for your teeth can have any effect on your heart.

One idea is that the germs that hurt your teeth can leave the mouth and travel into your blood. Germs that get into the blood can attack your heart. Another idea is based on the fact that when there are too many germs in your mouth, the body tries to fight against these germs. For some reason, the way the body fights these mouth germs may end up weakening the heart over time.

Some doctors think that people who have bad flossing habits also have heart problems, and people who have good flossing habits have healthy hearts. The theory that flossing your teeth helps to keep your heart healthy might not be true. But every doctor agrees that flossing is a great way to keep your teeth healthy.

a) Choose the best answers from a, b, c and d: (6x2)=12 Marks.

9. The suitable title for this passage is:

- | | |
|----------------------------|--------------------------------|
| a) Teeth Problems | b) Fighting Teeth Germs |
| c) How to Brush Your Teeth | d) A Healthy Heart by Flossing |

10. The meaning of the underlined word "attracts" in paragraph (1) is:

- | | | | |
|-----------|----------|----------|----------|
| a) pushes | b) pulls | c) loses | d) force |
|-----------|----------|----------|----------|

11. The underlined word "it" in paragraph (2) refers to?

- | | | | |
|---------|-----------|----------|-------------|
| a) fact | b) plaque | c) mouth | d) flossing |
|---------|-----------|----------|-------------|

12. One of the major benefits of flossing is:

- | | |
|--|--|
| a) weakening your heart over time. | b) helping germs to reach your blood |
| c) preventing food from entering your body | d) removing the food that stuck between teeth. |

13. The health of your mouth can be badly affected by:

- | | |
|-----------------------------|----------------------------------|
| a) Preventing diseases. | b) fighting mouth germs. |
| c) acid that hurt your gum. | d) removing the remains of food. |

14. The purpose of the writer from this passage to :

- | | |
|---|--|
| a) teach people how to floss. | b) show the difference between flossing and brushing . |
| c) prove that doctors have researches on flossing . | d) ensure the importance of flossing. |

b) Answer the following questions (2x2)=4 Ms.

15. What do doctors recommend people to do to keep their teeth healthy?

.....

16. How do mouth germs reach the heart?

.....

5- Reading Comprehension (16 M)

Read the following passage then answer the questions below:

Would you like to become a "teleworker"? Teleworkers are people who work for companies, but not in companies. This means that they do company work at home, usually on computers. Teleworkers communicate with their bosses by mobile phones or e-mails. They usually send information from their own computer to the office computer by the Internet.

"Teleworking" is becoming more and more popular in Britain, USA and other countries all over the world. There are many reasons for this development. The biggest advantage for companies is that teleworking lowers the companies' spending of money. Having fewer workers at work means having less office space. Also, computers are now quicker and easier to use, and the prices keep going down. For a company, it is cheaper to train people on computer skills and give them a personal computer to use at home.

However, before you apply for a job as a teleworker, you should ask yourself if it is really the best thing for you. Bill Smith, who works for a big company, has not enjoyed his last three months at home. He often falls asleep at the computer because he does not have anybody to talk to at home. He decides to leave his job as a teleworker and start a new job in a company where there are five other people in one small office.

a. Choose the best completion from a, b, c and d: (6 X 2 = 12 Marks)

9. The best title for this passage could be:
- a) Office Jobs b) Communications d) Teleworkers c) Computer Skills
10. The underlined word "popular" in the 2nd paragraph means:
- a) cheap c) exciting b) common d) expensive
11. The underlined pronoun "them" in the 2nd paragraph refers to:
- a) reasons b) skills d) countries c) people
12. According to the text, all the following statements are NOT TRUE EXCEPT:
- a) teleworkers work in small offices b) teleworkers work with other colleagues
c) teleworkers don't work at home d) teleworkers work for a company at home
13. Having computer skills is:
- a) important to apply for an office job b) not useful for teleworkers
c) unnecessary for Information Technology (IT) d) a big mistake for employees nowadays
14. The writer wrote this passage to:
- a) warn us of teleworking b) advise us to start teleworking
c) explain teleworker's job d) suggest new ways to improve teleworking

b. Answer the following questions : (2 X 2= 4 Marks)

15. How do teleworkers communicate with their bosses in companies?

.....

16. Why doesn't Bill Smith like his job as a teleworker?

6- Reading Comprehension (16 M)

Read the following passage then answer the questions below:

Shoes, we wear them nearly every day. Yet we hardly think about them because they are such an ordinary part of our daily lives. The ancient Greeks and Egyptians made and wore sandals, but actually went without shoes most of the time. These people lived in areas where the weather was fine, and shoes were not needed to keep their feet warm.

In ancient Egypt, the first shoes were simple sandals to protect their feet from rough surfaces. The easiest way to make shoes in these ancient times was to use materials that were available, including tree leaves and grasses.

Centuries later, the Romans wore sandals much like the Egyptians did. They used pieces of leather to make them. Some Roman sandals had straps, like belts, wrapped around the ankles. Shoemakers often dyed these sandals in bright colours that represented the jobs done by the people wearing them. Women wore brown sandals with moon-shaped stones on the back. The nobles wore red sandals. Officers wore white sandals. Soldiers wore heavy leather sandals that were more like boots but with uncovered toes!

Shoes have come a long way since the ancient Egyptians created their first sandals. Nowadays, companies are designing different types of shoes for different purposes. Many more types of soft materials such as rubber and canvas are used, and shoes have never been more comfortable for feet. Even so, it is interesting that the sandals, crafted by the Egyptians more than four thousand years ago, still are very similar to shoes we wear today.

a) Choose the best answer from a, b, c & d: (6x2=12 M)

1- The main idea of the 2nd paragraph is:

- a) The ancient Egyptians wore simple sandals. b) The ancient Egyptians designed different types of shoes.
c) The ancient Egyptians used leather to make sandals. d) The ancient Egyptians worked in different jobs.

2 The underlined word "crafted" in the last paragraph means:

- a) led b) meant c) made d) forgot

3. The underlined word "that" in the 3rd paragraph refers to:

- a) bright colours b) moon-shaped stones c) brown sandals d) heavy leather sandals

4. In ancient Egypt, people wore sandals:

- a) to keep their feet warm. b) that are totally different from shoes we wear today.
c) that looked like boots. d) to protect their feet from rough surfaces.

5. All the following statements are NOT TRUE except:

- a) The Romans used tree leaves to make sandals. b) The Roman women wore heavy black sandals.
c) The Romans wore sandals of different colours. d) The Romans were the first people to wear sandals.

6. The purpose of the writer in writing the passage is to:

- a) compare between sandals and boots. b) inform us about the history of shoes.
c) discuss the importance of wearing shoes. d) describe how shoes will look like in the future.

b) Answer the following questions: (2X2=4 M)

7. Why did the ancient Greeks and Egyptians go without shoes most of the time?

.....
8. What makes shoes comfortable nowadays?

7- Reading Comprehension (16 M)

Read the following passage then answer the questions below:

Many people dream of going on great travel adventures. Most of them keep dreaming others make it happen. More than 10 years ago, a Spanish lawyer named Alvaro, gave up a good job and left a comfortable life to cycle around the world. Ten years and almost 100,000 kilometers later, he is still very happy with his decision.

"You live only once and life in an office isn't a life." He says He began his journey in South America. The first country he visited is Bolivia. Since he set out on his adventure, he has visited more than 60 countries.

The journey has already taken him to three continents and most of Asia still lies ahead. He is currently cycling through Mongolia and Japan is the next country on his route He spends two or three months in each country, but he has never stopped off for more than five days in one place. Alvaro is getting by on a budget of three dollars a day, and he has slept in fire stations, churches, and in the mountains of Nepal.

He's given more than 60 performances to 30,000 people. "My show includes juggling, music, magic acrobatics and theatre." "I perform to the poorest people and my purpose is to bring them a little happiness," says Alvaro. He explains that the trip is a way of bringing together three things he loves most in life Cycling's in my blood. I'm a born clown and I enjoy helping people." He is supported by his fans and his aim is to bring a smile into the lives of the people.

a) Choose the best answer from a, b, c & d: (6x2=12 M)

1-What is the main idea of the 4 th paragraph?

- | | |
|----------------------------|-------------------------------|
| a) The purpose of the trip | b) Life in an office |
| c) Cycling is a good hobby | d) Travelling round the world |

2- The underlined word " getting by " in paragraph 3 means:

- | | | | |
|--------------|---------------|--------------------|-----------------|
| a) living on | b) preying on | c) converting into | d) embarking on |
|--------------|---------------|--------------------|-----------------|

3. The underlined pronoun them in paragraph 4 refers to:

- | | | | |
|-------------------|-----------------|-------------|--------------|
| a) poorest people | b) performances | c) churches | d) mountains |
|-------------------|-----------------|-------------|--------------|

4. Alvaro was supported in his journey by:

- | | | | |
|------------------|-------------|-------------------|------------------|
| a) other lawyers | b) his fans | c) Spanish people | d) all countries |
|------------------|-------------|-------------------|------------------|

5. According to the text, one of the following sentences is NOT TRUE

- | | |
|--|---|
| a) It isn't easy to go on great adventures | b) Alvaro has visited more than 60 countries |
| c) Alvaro doesn't like theatre or juggling | d) Alvaro is very satisfied with his decision |

6 . The purpose of the writer in this text is to

- | | |
|---|--|
| a) entertain people with a funny story | b) inform us about benefits of cycling |
| c) persuade people to practice acrobatics | d) encourage people to do voluntary work |

b) Answer the following questions: (2x2=4 M)

7-What are the three things Alvaro loves most in life?

8-Why did Alvaro decide to cycle around the world

9- Reading Comprehension (16 M)

Read the following passage then answer the questions below:

Octopuses are extremely intelligent animals. They have even learnt some tricks to get them out of difficult situations, as for example, when they are afraid of an enemy. As octopuses don't have teeth or sharp nails to defend themselves, they hide themselves in the sand on the bottom of the ocean floor. The octopus is like a lizard because it can change the colour of its skin to match the sand. This colour change happens in less than a minute.

Some octopuses like to stay near the beach where there are rocks, corals and less enemies. Because octopuses don't have bones, they can squeeze themselves into small spaces between the rocks to get out of reach of enemies. Another way an octopus can hide is by shooting ink. An octopus uses a part of its body to shoot ink into the water. The ink forms a cloud that hides the octopus.

If an octopus is being attacked, it can actually make itself look like a sea snake. It will bury itself in the sand, keeping two arms seen. It will change the colour of those arms to match a sea snake. But if there's no time to hide!, or If an octopus is in trouble, it can break off one of its arms. The arm will then change colours and move around the water while the octopus swims away to safety. The octopus's arm will grow back.

a) Choose the correct answer from a, b, c and d: (6x2=12 marks)

9. What is the best title for this passage?

- a) An Intelligent Animal b) The Ocean c) Sea Animals d) Wild Animals

10. The underlined word "break off" in the 3rd paragraph means:

- a) keep b) hide c) cut d) escape

11- The underlined word "they" in the 2nd paragraph refers to:

- a) rocks b) enemies c) corals d) octopuses

12. Octopuses can squeeze themselves into small spaces between the rocks because they:

- a) look like a sea snake. b) don't have bones.
c) can change their colour. d) like staying in shallow water.

13. All the following statements are TRUE EXCEPT:

- a) The octopus's arm won't grow back. b) The octopus takes little time to change its colour.
c) some octopuses like staying near the beach. d) The octopus has some tricks to survive.

14. The author's purpose in writing the passage is to:

- a) inform us about the octopus' survival tricks. b) persuade us to visit the sea.
c) give advice to learn swimming. d) explain how to deal with enemies.

b) With reference to the passage,answer the following questions: (2x2=4 marks)

15. In what way is the octopus like a lizard?

.....

16. How is shooting ink a good way to protect the octopus?

.....

10- Reading Comprehension (16 M)

Read the following passage then answer the questions below:

Did you know that sleep is more important than food? A person who does not sleep dies at a younger age than a person who does not eat. We spend about one-third of our lives in sleep.

How much sleep do we need? The amount of sleep people need depends on different things, including age. Most healthy adults need between 7 to 9 hours of sleep each night to work at their best. Children and teens need even more. After the age of 50, people get only 5.5 to 6.5 hours of sleep each night. We need less sleep as we get older .

Most people have some nights when they cannot sleep. Poor sleep increases the risk of accidents and other illnesses like heart diseases. It may also lead to poor memory. Getting too much sleep may not be good for people either. Too much sleep is linked to sickness .

Many famous people in history had a problem falling asleep. Some of these people had special ideas to make them sleep. For example, King Louis XIV of France had 413 beds. He moved from one to the other hoping to fall asleep.

Making simple but important changes to your daily habits can have a great impact on how well you sleep. To sleep better at night, experts suggest exercising regularly and going to sleep at the same time every day especially on weekends. They also suggest avoiding heavy meals late in the evening.

a) Choose the correct answer from a, b, c and d: (6 x 2 = 12 Marks)

9. What is the main idea of the 2nd paragraph?
- a. Lack of sleep can lead to death. d. How much sleep we need differs from person to person.
c. We need to sleep in order to be healthy. d. Many people face difficulty sleeping at night.
10. The underlined word 'risk' in the 3rd paragraph means:
- a. type b. way c. danger d. reason
11. The underlined word 'They' in the 5th paragraph refers to:
- a. changes b. habits c. experts d. weekends
12. What happens when we get older?
- a. We sleep a lot more. b. We sleep less than before.
c. We need 7-9 hours of sleep. d. We can't sleep at all.
13. According to the passage, which of the following sentences is NOT TRUE?
- a. We spend one-third of our lifetime sleeping. b. Getting too much sleep is good for us.
c. Most people find it difficult sometimes to sleep at night.
d. King Louis XIV had 413 beds to help him fall asleep.
14. What is the author's purpose in writing this text?
- a. To list the different types of sleep. d. To give information about sleep and its importance.
c. To compare children's and adults' sleeping habits. b. To tell us about famous people in history.

b) Answer the following questions: (2 X 2 = 4 Marks)

15. What are the dangers of poor sleep?

.....

16. How can we sleep better at night?

.....